

Daily Word



A UNITY PUBLICATION
OCTOBER 1946

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought and purpose for the good of all humanity.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): My understanding is aflame with the light of Spirit.

PROSPERITY (12 noon): I rest in the consciousness of God's superabundance, and my prosperity is assured.

HEALING (9 p. m.): I realize the perfection of the Spirit within me, and health is made manifest in my body.

OCT. 20 to NOV. 19

ILLUMINATION (11 a. m.): Steadfastly proclaiming God as the source of my wisdom, I know and understand spiritual things.

PROSPERITY (12 noon): God speaks to me from within and assures me of prosperity, because I trust Him as the source of my good.

HEALING (9 p. m.): I believe that Jesus Christ is yesterday, today, and forever the same and that I am, through Him, restored to health here and now.

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DAILY WORD

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DAILY LESSONS FOR OCTOBER

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"A Little Lower than the Angels"

JAMES DILLET FREEMAN

“**W**HAT IS MAN, that thou art mindful of him? and the son of man, that thou visitest him? For thou hast made him a little lower than the angels, and hast crowned him with glory and honor.”

Standing on the shore of an inlet, you may see only a small and agitated stretch of water. You cannot guess at the deeps, the wonders, the boundless extent, the meaning of the sea. Absorbed in the little deeds of every day, the commonplace duties, the momentary needs, you may not see the true meaning of life.

Do you understand how important you are?

You are a special creation of God, and only in you can God fulfill Himself. You are a living soul, original and unique, wonderful and strange.

Do you think that the wind-tossed, cloud-piled sky is vast and moving? Your life is no less vast and moving. Do you think that the sun is splendid and necessary? You are as splendid. You are as necessary.

Do you appreciate the wonder of your own body? Wonderful are your eyes that see and your ears that hear, apprehending shapes and colors, nearness and farness, silence and sound. Wonder-

ful is the stubborn strength of your bones, the clean beauty of your limbs, the dexterity of your hands. Wonderful is the way of a thought in the mazes of the brain and the way of the blood in its vessels. Wonderful is the way of the breath that fans the fires of life. Wonderful is the way of food that is transformed into living cells. Wonderful is the way of the healing power that can restore its own tissues. Wonderful is the way of creative life that can fashion out of the substance of itself a new body for a living soul.

Do you appreciate the wonder of your own mind? With your mind you can create beauty and you can seek truth. You can dream dreams of perfection. You can feel the divine discontent that is the mark of a man. You can dare. You can persevere. You can recall the past. You can plan the future. You can soar beyond the farthest mist of stars. You can explore the atom. You can go alone into the aloneness of yourself. You can mount up with wings toward God. You can shape tools and acquire knowledge. You can gain dominion over the external universe. You can achieve the mastery of yourself.

Do you appreciate the wonder of your own Spirit? Do you know that you are one with the living God? You are one with the God who fashioned the physical universe, the simplest se-

crets of whose construction our wisest physicists are only now discovering. You are one with the God who in the laboratory of a living cell effortlessly creates substances that all our chemists in acres of factories cannot duplicate. You are one with the God who fashioned the human soul and made it so wonderful and strange that even you who possess it cannot see its full extent or meaning. You are one with the God who made life, and made it so interesting that He Himself enjoys the living of it. As the leaves are a part of the tree, as the sands are a part of the earth, as the cells of your body are a part of you, so you are a part of the Spirit of God.

Out of itself the sea advances in a wave. Out of themselves the heavens form the shifting cloud. Out of itself the Spirit of life unfolds the endless variety of living things. You are the crest of the wave and the shape of the cloud and the human form called you. But you are also the force of the sea, the movement of the heavens, the Spirit of life.


O threefold wonder, infinite creation of the Infinite, know how wonderful you are! All the forces of life and the universe have operated eternally to produce you. There is no atom anywhere but has had its effect upon you, and you have had your effect upon them all.

Life has a purpose and a meaning, and looking through its transitory forms, we can perceive its underlying unity. Your life is a pattern, a part of a larger whole, and you are an eternal soul. Even the troubles that come like clouds and storms have a meaning and are part of the pattern.

You are the divine inhabitant of body and mind, eternal adventurer through time and space, through chance and change. Before you were born, you had come through an eternity of experiences. You have an eternity before you yet. You are exploring the unknown. You are bringing form to the unformed. Feeling fear, you have come forward with courage. In spite of selfishness, you have aspired to love. Having doubts, you have dared to seek the truth.

Have you never won great victories or heard your name shouted in praise? Every moment you live is a victory. O spiritual pioneer, to live well is to win the greatest victory of all. It is not only in high places and on great occasions for kings and conquerors of the world that life's triumphing trumpets sound. They sound in the heart. Listen and you may hear the clear and certain call!

You are a god and the child of God. You are an original creation of the Spirit of life. You are God in the likeness of a man. Eternal light bringer, you are yourself the light!



Bless You

R. H. GRENVILLE


I bless you with my eyes, beholding in
you the good only.

I bless you with my lips in smiling and
with my words in speaking.

I give you the encouragement of strong,
true words.

I bless you with my heart through love,
and with my mind through under-
standing.

And finally I bless you with my hands
in whatsoever manner I may
serve you or bring you joy.



"According to Your Faith"

MARGARET HARFIELD

INTO SILENT UNITY daily pour written requests for help in overcoming physical ills. Many of the letters are filled with fears and doubts and uncertainty; all are filled with an eagerness to know if healing is possible. All wish to believe. All have the hope that it may be done. All receive the assurance that healing is not only possible but that it is God's will, and that it is accomplished through the faith of those who pray.

Do you wonder how much faith is necessary? Do you fear that you have not enough faith to be healed? Then read the words of Jesus Christ: "If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you."

The fullness of the faith of the Son of God is latent within your soul. It is your consciousness of this faith that causes your body to respond with new life and strength and to be restored to its original purity and wholeness. But you need not be conscious of this faith in its entirety. Faith grows with your use of it. This is what Jesus knew, and this is why He declared that a little faith can remove mountains. He knew that as faith is af-

firmed and used, even if at first it is blind faith, it can accomplish that which is the heart's desire.

Jesus Christ did not say, "According to your understanding be it done unto you." Always it was those who had active faith who received the blessing. They did not need to know why they trusted Jesus Christ. They did not bemoan the lack of intellectual knowledge of the laws governing the healing power in man. They used only the one great law of giving and receiving. They gave their faith and in return received health and strength and wholeness.

There is one thing you must remember: While only a little faith is necessary, this faith must not be adulterated if it is to produce the rich reward of fulfillment. The mind may present a doubt, but the faithful heart must not admit for a moment that the doubt has substance. A fear may enter your mind that you will not be healed, but faithfully and constantly you must refuse to accept it.

Always your eye must be single; always you must affirm, "I have faith in God."

Faith is the reality of life and health! If you would be healed, have faith in God in the face of all negative evidence in the outer. Faith is sufficient to heal any inharmony in the soul or body of man. Jesus Christ knew this, and so He promised, "According to your faith be it done unto you."

Realization

FLORENCE TAYLOR

I CAN be healed. God's own life-giving
power

Flows freely through my body hour by
hour.

I MUST be healed so that I may ex-
press

My Father's love and joy and perfect-
ness.

I WILL be healed; for this my aim
shall be,

To let God's perfect will be done in me.

I AM healed now; for just as God sees
me,

I see myself: harmonious, fearless, free.

"Peace Be to Thy House"

MARY MAE OESCH

THE WORD HOME should be the most comfortable word in the personal vocabulary; and whether it is depends to a great extent upon the home's prevailing atmosphere, whether it is one of peace or its opposite. Have you not gone into a house and been instantly cheered by a joyous, unseen presence, a blessedly restful peace? And have you not visited apparently well-ordered homes where you were strangely ill at ease and uncomfortable?

It has been said that "a lake must be calm if the heavens are to be reflected by its surface." Likewise if our home is to be a radiating center of joy and peace its serenity must be founded in the depths of God's encompassing love.

Upon my wall is a motto of the old-fashioned variety; yet it will never be out of date as a criterion for happiness. It reads: "Home, where each lives for the other and all live for God."

Peace can never be assumed or put on like a cloak but must grow from within the heart; and the peace of a home depends upon the sincere and concerted efforts of all its members. The home is a private proving ground for the basic principles of Christianity, and the peaceful home

is one where adults and children alike daily prove their love for each other and their devotion to a higher law that governs all. In the Psalms we read, "Great peace have they that love thy law." Peace then is a product of living according to the principles of God as taught us by Jesus Christ. To love the law and establish peace calls for a day-by-day expression of our Christlike qualities. Children are quick to sense and imitate our attitudes, and the Christ in them responds to an improved harmonious atmosphere. As they grow in the knowledge and ways of the Christ, their contribution to the joy of a family group is above being measured.

The maintenance of a peaceful home atmosphere calls for all-out, wholehearted effort and constant vigilance. It requires a high degree of self-control, and sometimes demands that we forgo some personal pleasure for the sake of the family group. Yet it is possible to be habitually self-controlled, to refrain from harsh words and selfish deeds, and still to fall far short of a peaceful atmosphere. For peace is not merely a lack of dissension, nor is it a forced effort achieved by personal will power.

Jesus would not have become a leader if He had merely tolerated His fellow men. He loved them with a compassion so great that it looked

beyond their petty faults and failures and saw only their Christ nature. And we today establish and maintain true peace in our home by the Jesus Christ method of divine love.

Home then can be a place where each member can give and be assured of receiving understanding and encouragement. Home can become a temple of life and learning and growth, where patience and kindness and forgiveness are the accepted rule because they are by-products of love. Home can be a shrine to beauty in all its many expressions. Home can become an altar of peace where each member learns to know and express his divine nature, a sanctuary where all can become quiet before God and achieve tranquillity of soul.

Prayer

MARY FLEMING

Teach me to know that prayer need be
But grateful thanks, dear God, to Thee
For gifts bestowed before I ask,
For understanding of my task,
For peace and poise and Godlike
power,
For ever-present help each hour.
Teach me that prayer is thanks to
Thee;
That this is all a prayer need be.

OCTOBER 1

Tuesday

DIVINE ORDER IS ESTABLISHED IN MY MIND,
BODY, AND AFFAIRS THROUGH THE POWER
OF THE INDWELLING CHRIST.

I CO-OPERATE with the Christ in me in establishing divine order in my mind, body, and affairs. If my mind is in a turmoil, I do my part toward bringing peace and harmony to it by becoming quiet, by opening my mind to the light and understanding of the Christ indwelling. I gain new inspiration; I am able to think my way through to right answers.

If my body is in need of healing, I co-operate with the power of the indwelling Christ by realizing that every organ, cell, every part, has within it divine life and intelligence. I relax and rest in the knowledge that a perfect healing work is now being done in me.

If there seems to be a lack of order in my affairs, I co-operate with the divine law of order by recognizing its power at work in my affairs, by handling my affairs in as orderly a manner as I know of, by keeping faith always in the assurance that "all things work together for good."

☛ *Commune with your own heart upon your bed, and be still.*—PSALMS 4:4.

Wednesday

OCTOBER 2

THIS DAY I AM SPIRITUALLY ILLUMINED AND QUICKENED IN MY CHRIST CONSCIOUSNESS.

SPIRITUAL illumination is the very foundation of answered prayer and of sustained demonstration. To pray for healing without praying for spiritual illumination is to pray for a partial demonstration. To pray for substance without praying for divine light is to pray for but half a loaf. Perhaps the prayer for spiritual illumination is so automatic and fundamental with most of us that we overlook its being a part of our prayer, but when we give it thought we know that it is a vital, underlying factor in all our overcomings.

To become spiritually illumined is to come into a knowledge of self, and to know ourselves is to be free. Beyond this greater knowledge of self, spiritual illumination reveals the potentialities of mankind. When we know what we are and what we are to become, we know that we are sons of the Most High, that we are becoming like Jesus Christ.

This day you are spiritually illumined and quickened in your Christ consciousness.

♣ *Ye are all sons of God, through Faith . . . for ye are all one man in Christ Jesus.*—GAL. 3:26, 28.

CHRIST IN ME GUIDES ME IN MAKING WISE
USE OF MY TIME, ENERGY, AND ABILITIES.

OFTEN WE feel that there is not time enough to do the things we want to do and need to do. Even when we feel most pressed for time, we have all the time there is. No one else in the world is allotted more time than we in which to live and accomplish.

With most of us the need is not for more time but for more wisdom in using our time. Sometimes there is a lack of order in the arrangement of our day so that too much time and energy is given to nonessentials.

We can pray about this matter of wise use of our time, of wise use of our energy and abilities so that we may have time to enjoy the beauties and wonders of life, so that we may have time to live life to the full.

Today as you begin your day say to yourself, "Christ in me guides me in making wise use of my time, energy, and abilities." You will be surprised at the smoothness with which your day's duties are accomplished, at the way in which there seems to be time for everything.

✿ *A time for every purpose.*—ECCLES. 3:1.

Friday

OCTOBER 4

GOD IS MY FATHER; I AM HIS CHILD. HIS
LOVING PRESENCE SURROUNDS AND INFOLDS
ME.

THE IDEAL relationship of father and child is a heart-warming, soul-satisfying one. In moments of need, in times of trial, when we search to phrase in words the oneness with God we want to feel we are apt to think of Him and call upon Him as "our Father." To realize that He is our Father is to realize that He is strong, wise, and loving. To think of ourselves as His children is to know that we are kept in His tender care.

No matter where we find ourselves, in a city, a village, a foreign country, the presence of God surrounds us. Whether on foot, in a car, on a boat, aloft in a plane, we are protected by God our Father. Whether among relatives, friends, strangers, or even those considered enemies, we are all children of God, and His love unites and infolds us.

The knowledge that God is our Father, that we are His children, blesses us with a serene spirit and the assurance of divine protection.

✿ *Our Father who art in heaven.*—MATT. 6:9.

I AM FREE FROM THE HABIT OF CRITICISM OR
FAULTFINDING. I GIVE MY BLESSING OF LOVE
TO EVERYONE.

NO ONE enjoys being criticized or having his faults pointed out to him, but not many of us are wholly free from the habit of criticism or faultfinding. We want to live our life in our own way, but many times we want others to live their life in conformity to our ideas. This is a cause of much inharmony in human relations—between members of the family, husbands and wives, friends and business associates.

We should be willing to allow everyone the same freedom we want for ourselves. When we believe that our security, our well-being, our happiness are dependent upon another, it is natural for us to feel concern about his ideas, conduct, and actions. But when we learn to rely on God rather than on other persons, we no longer feel the need to urge to change another to conform to our concept of the way he should live his life. Anyone can free himself from the habit of criticism or faultfinding by increasing his faith in God and his understanding of man.

✻ *But your reproof, what doth it reprove?—JOB 6:25.*

I TURN TO GOD IN ALL THINGS.

I TURN to God in all things. In the silence of my heart I seek Him and follow His counsel and His guidance.

If the problem before me seems a great one, I know that He, in His loving-kindness and His generous wisdom, will help me solve it; He will give me the strength that is necessary to me.

If the problem is a small one, I need not fear that it lacks importance in the sight of God, for He is ever before me and with me, and He knows my deeps and my heights. In His love He is with me in all matters.

I turn to God in my joys, and I give Him my songs and prayers of gratitude. I know that He blesses me in my happiness, and my joy is multiplied.

I turn to God in my need of comfort and feel His mercy and His ever-abundant kindness. I know that the shadows of my heart are dissolved by His love, and that faith will be radiant in my heart again. Where He is there is light, and darkness cannot stay.

✿ *All things have been created through him, and unto him; and he is before all things.*—COL. 1:16, 17.

OCTOBER 7

Monday

I EXPRESS THE POSITIVE POWER OF THE
CHRIST MIND IN WISDOM, LOVE, AND GOOD
JUDGMENT.

IF YOU do not trust your own judgment, instead of turning to other persons first, instead of thinking that everyone else in the world knows more than you, take time to become still, to tune in to the divine power that is a part of your being, and in the stillness of your soul give thanks that you express the positive power of the Christ mind in wisdom, love, and good judgment. Then your trust will be in the highest judgment of all, and whatever help or advice you receive from other persons or sources will be of more value to you, because you will be able to judge that which is right for you, and you will not be influenced by ideas and opinions that have no bearing on your case.

When you are faced with a decision, instead of thinking, "I don't know," realize that while from a human standpoint you may not know how to decide, the Christ self of you knows what is wise and right. Say to yourself, "In my Christ self I know the right course to follow."

✿ *We have the mind of Christ.*—I COR. 2:16.

Tuesday

OCTOBER 8

THE FORGIVING LOVE OF JESUS CHRIST NOW
SETS ME FREE.

EVEN when we are making great progress mentally, emotionally, and spiritually we sometimes go through times of depression when we feel like failures. The reason for this feeling often is our unconscious retention of immature reactions and emotions. Even though we do not consciously realize it, we let the memory of some feeling or attitude or belief of the past color our present thought.

There is a way to free ourselves completely and forever from the memory of our fears and failures, our mistakes of the past. This is to realize that the forgiving love of Jesus Christ now sets us free, consciously and subconsciously, from all the limiting beliefs we may have about ourselves.

If moments of mental depression come, we can rise quickly out of them by declaring our freedom in Christ, by calling to mind the truth that we know so that we keep our thinking on as high a level as possible.

*Why art thou cast down, O my soul? . . .
Hope thou in God; for I shall yet praise him.
—PSALMS 42:11.*

OCTOBER 9

Wednesday

GUIDE ME, GOD, THAT I MAY KNOW WHAT
TO DO AND WHERE TO GO. GUIDE ME, GOD,
THROUGH THIS DAY IN YOUR GOOD AND
HAPPY WAY.

HAVE YOU ever found that when formulat-
ing a prayer to use for something spe-
cific the words came in rhyme? The
prayer for today seemed to sing itself into being.
"Guide me, God, that I may know what to do
and where to go." What to do and where to go
are questions in many minds connected with work,
schooling, home building, buying, selling, politics,
marriage, and countless other things. What better
guidance have we than God's? What better direc-
tion have we than His divine direction?

The second part of our prayer, "Guide me, God,
through this day in your good and happy way"
helps us to realize that we must live in the pres-
ent, that we must look for and find our blessings
today. It brings us the assurance too that we can
pray for God's guidance, knowing that it will
not mean sacrifice and hardship but pleasure and
fulfillment.

• *Whoso trusteth in Jehovah, happy is he.*—PROV.
16:20.

Thursday

OCTOBER 10

I STIR UP THE GIFTS OF GOD WITHIN ME, AND
I AM BLESSED.

EACH OF us is blessed with particular abilities and talents that make us necessary and important, but we may not be making full use of our gifts from God and so feel dissatisfied with ourselves.

Even though you may not think of yourself as a gifted person, through changing your thought about yourself, through learning to think of yourself as a child of God, endowed with divine powers and capabilities you can discover and use these powers and capabilities in such a way as to bring satisfaction to yourself and contribute a greater measure of good to the world.

As you "stir up the gift of God, which is in thee" you will find opportunities for further growth. Do not allow yourself to believe that you have nothing to give, that you have nothing to learn, that you cannot continue to grow and accomplish, no matter what your place in life, no matter what your age, no matter what your past record. You are first of all a child of God, and He is always with you to bless you.

• *A man's gift maketh room for him.*—PROV. 18:16.

OCTOBER 11

Friday

TODAY I GIVE EXPRESSION TO THE LOVE OF
GOD THAT IS IN MY HEART.

WE ALL like to be with someone who makes us feel at ease, who draws forth our best self, who inspires us with a feeling of confidence. Someone has described such a person as having an "educated heart."

We recognize the need for educating ourselves among many lines, but we do not always realize that our heart needs educating too. Often-times we know persons who are very wise about many things but who are like children in their emotional responses.

Where is the school for heart education? It is your everyday life. Every day your heart has opportunities to learn to express love.

If there is friction in your family, inharmony in your human relations, discord in your dealings with others, you may be sure that your heart needs education in the ways of love. Even where the unhappiness seems to be caused by other persons and circumstances, your expression of the love of God in your heart will radiate a blessing.

✿ *I have given thee a wise and an understanding heart.*
—I KINGS 3:12.

A PRAYER FOR



VERFOR PERFECT SIGHT

BONNIE DAY

GRANT me, O God, the vision
To see things as they are:
Blue hills beyond the level plain;
Beyond the dark a star.

Grant me, O God, an insight,
Unclouded, keen, and sure,
Quick to perceive the true and good,
The lovely and the pure.

Grant me, O God, an outlook
That's candid, wide, and clear:
A vista of eternity
That brings all heaven near.

And may I glimpse Thy purpose
In everything I see:
Thy perfect love for all mankind;
Thy perfect plan for me!

Saturday

OCTOBER 12

GOD BLESS YOU AND MAKE YOU A BLESSING.

GOD BLESS you. Have you ever thought what a truly universal phrase this must be? When we in Unity say, "God bless you," we are saying, "God give you light, life, peace, happiness, prosperity, and every good thing." When we say, "God bless you and make you a blessing," we are saying, "Let good be increased in the world through you." You may not think of yourself as a blessing but the joy you feel, the love you feel, the life you feel, the power you feel are radiated to those about you and bring a blessing to them. The blessings of God cannot be confined to one mind, one heart, one life but each person is a channel through which more of God's good is released into the world.

Today is a day of blessing. We bless you. God blesses you. You are a blessing to all whom you contact. Others are blessed through your understanding, your smile of friendliness, your words of encouragement, your thoughts of strength, your expression of love. God blesses you and makes you a blessing.

● *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

OCTOBER 13

Sunday

THIS DAY I GO FORWARD WITH LOVE IN MY
HEART FOR ALL MEN.

THIS DAY I go forward with love in my heart for all mankind. In this do I find the true expression of myself, for I am fulfilling one of the world's greatest commandments.

As I express love to others I find my own greater self, and I find a deeper significance in the purposes of life.

I would not limit myself with prejudices. I would not thwart myself with petty dislikes. I go forward, reaching new heights because there is love in my heart that is of God.

This greatest commandment of all is mine to fulfill. In obeying it I find myself closer to God, and a new understanding, a more complete sense of peace encompasses me.

As love fills my heart and goes forth, my chief gift to all men, I know that I am important to the peace of the world. For peace begins in the individual heart and is expressed in everyday living, even toward my neighbors on every side. I go forth expressing love to all mankind.

✿ *This is my commandment, that ye love one another.*
—JOHN 15:12.

Monday

OCTOBER 14

I HAVE FAITH IN THE ALMIGHTINESS OF GOD
WITHIN TO SUSTAIN ME, AND I AM POISED
AND AT PEACE.

AS WE develop faith in the ever-sustaining power of God within, we develop poise and self-control. It is not possible to lose our balance or go to pieces when we are aware of the power of God within and depend upon it.

The power of God is a triumphant power. There are innumerable stories of persons who have come through challenging and seemingly impossible situations by depending upon God and His power. Everyone has access to this triumphant power every moment of his life. To know this and to have faith in the almightiness of God within is a way to develop the poise and control that help one meet courageously and trustingly anything one has to meet.

No matter how small our understanding or how unsteady our faith, the moment we turn to the power of God within, we receive the helpful response we need, we gain peace of mind.

☛ *Thou wilt keep him in perfect peace, whose mind is stayed on thee; because he trusteth in thee.*—ISA. 26:3, 4.

OCTOBER 13

Tuesday

I DO NOT CONDEMN MYSELF OR ANY OTHER PERSON, FOR CHRIST IN ME GIVES ME PERFECT LOVE AND UNDERSTANDING.

UNFORGIVENESS is like a closed door between us and our good, and many times an unforgiving spirit is the real reason behind unanswered prayer.

If you cannot seem to forgive another person, try forgiving yourself for having expected something of him that he was not able to fulfill. We cannot set standards for another person; we can only live up to our own standard and give other persons freedom to live according to their light and understanding.

Jesus Christ never said, "I forgive you." There was no necessity for Him to forgive because He never took into His consciousness any offense. In our Christ nature we do not take offense, in our Christ nature we have perfect love and understanding. Even when the human self of us feels unloving and unforgiving, if we will turn within and consciously realize that we are one with the Spirit of Christ, we shall be at peace with ourselves and all other persons.

✿ *Neither do I condemn thee.*—JOHN 8:11.

Wednesday

OCTOBER 16

THE ADJUSTING POWER OF SPIRIT WORKS IN AND THROUGH ME, AND HARMONY AND ORDER ARE ESTABLISHED IN MY LIFE.

THERE IS an orderly, harmonious, adjusting spirit at work in the universe, and you can attune yourself to it at any time and under any conditions. If because of present conditions you are having to share your home with others, you can make it a happy, enriching experience by working with this spirit of adjustment. Bless your home each day, even if it is only one room, and know that it is filled with love and peace. Bless those with whom you live, and let the spirit of tolerance and kindness toward each one find expression through you.

As you keep your mind and heart filled with God's love and peace, as you let His Spirit take control of your thoughts, words, and actions, confusion and inharmony will disappear and divine order will be established. As you are grateful for the good you have, and share willingly and graciously with others, you are working with the divine spirit of adjustment and opening the way for your perfect good to come to you.

☛ *Peace be to thy house.*—I SAM. 25:6.

OCTOBER 17

Thursday

I KEEP MY VISION FIXED STEADFASTLY ON
GOD, AND ALL THINGS WORK TOGETHER FOR
MY GOOD.

THE KNOWLEDGE that God is the governing power in your life brings the understanding that all things are working together for your good. If an experience comes to you that seems unhappy or unpleasant, you can meet it in two ways. You can accept it negatively, let your thoughts become disorganized and unhappy, and believe yourself the victim of "bad luck." Or you can meet it courageously, keep your mind stayed on God, accept the lesson it brings, and look beyond appearances to the ultimate good.

Your thoughts and reactions toward any experience determine its effect on you. So decide today that you will keep your thoughts positive and your reactions constructive. Instead of becoming disheartened or discouraged at seeming adversity, keep your vision high and your thoughts right. Continually acknowledge that all things do work together for your good and happiness and accept your divine heritage of peace, joy, and satisfaction.

• *All things work together for good.*—ROM. 8:28.

Friday

OCTOBER 18

THE SPIRIT OF GOD DWELLS IN YOU, THE
SOURCE OF ALL THAT YOU NEED TO BE WELL,
HAPPY, AND SUCCESSFUL.

A LARGE percentage of the letters that Silent Unity receives are from persons who want to help someone else through prayer and faith. This is proof of the loving-kindness present in the human heart; it reveals the desire that most of us feel to do what we can to make others happy.

Sometimes we are asked how we can help a person through Unity, especially when the person does not seem interested in or receptive to such help. Of course we should never try to force our ideas upon anyone against his will. The Unity way of helping one who does not think as we do, who does not share our beliefs about God and life, is to realize that the Spirit of God dwells in him, the source of all that he needs to be well, happy, and successful. Our realization of this truth about him, will be of inestimable help to him, for Spirit responds to thoughts of faith, and an inner change begins to take place in response to our prayer.

✿ *The supplication of a righteous man availeth much in its working.*—JAMES 5:16.

OCTOBER 19

Saturday

I AM FREE FROM ANY FEELING OF ENVY, FOR
I KNOW GOD AS THE FULFILLMENT OF EVERY
DESIRE OF MY HEART.

IT is a natural human trait to look at another person and to feel that he has much more than we; to think that if we could have what he has we should be happy and satisfied. The truth is that what another has might not be satisfying to us at all.

Each person is an individual soul, and to be happy he must develop and unfold in accordance with his particular nature. We can find real and enduring satisfaction, we can discover that which constitutes happiness for us as we learn to understand ourselves, to appreciate our own special powers and abilities.

We overcome envy of other persons when we give thought and attention to the development of our own potentialities and judge our accomplishments by the Christ standard within us, rather than by comparing ourselves with others. We have access to God's love, life, and intelligence. The desires of our heart are fulfilled as we lay hold of and use the God qualities within us.

❁ *Love envieth not.*—I COR. 13:4.

STEADFASTLY PROCLAIMING GOD AS THE SOURCE OF MY WISDOM, I KNOW AND UNDERSTAND SPIRITUAL THINGS.—UNITY CLASS THOUGHT.

WISDOM is a divine quality of mind, and as a divine quality it springs from the one source, God. We may gain great intellectual knowledge through study and reading, but wisdom is not found in books. It comes to us direct from "on high," the holy place where God dwells.

Divine wisdom enables us to see the real truth that underlies the deceptive outer appearance of any situation. Wisdom enables us to find the right solution to any problem that seems not to have one. Wisdom enables us to know God's right answers to puzzling questions.

Our progress and success in daily living depends upon our understanding of spiritual things. When we steadfastly proclaim that God is the source of our wisdom, our understanding is quickened by Him, and we know what to do.

*Wisdom is the principal thing; therefore get wisdom;
Yea, with all thy getting get understanding.*

—PROV. 4:7.

OCTOBER 21

Monday

GOD SPEAKS TO ME FROM WITHIN AND ASSURES ME OF PROSPERITY BECAUSE I TRUST HIM AS THE SOURCE OF MY GOOD.—UNITY CLASS THOUGHT.

GOD is the source of all the good that we can ever have or desire, the creator and the supplier of every good thing. Knowing this truth is the key to prosperity, and to the degree that we lay hold of it with our understanding, we realize supply. We can readily see therefore that if our prosperity seems to be delayed or to be insufficient, we should get busy and stimulate our faith in the reality of divine supply.

When we are worried or fearful about monetary problems, we are not able to hear the voice of God assuring us that He is able and ready to give us what we need now. Let us therefore bid all anxious thoughts be still. Let us say firmly and confidently to God, "I have faith in Thee, Father, as the source of my every good." Then we can hear His voice directing us to the means whereby we may realize the abundance that we desire.

*Thou openest thy hand,
And satisfiest the desire of every living thing.*
—PSALMS 145:16.

I BELIEVE THAT JESUS CHRIST IS YESTERDAY, TODAY, AND FOREVER THE SAME AND THAT I AM, THROUGH HIM, RESTORED TO HEALTH HERE AND NOW.—UNITY CLASS THOUGHT.

THE HEALING power of Spirit that was manifested so vividly through Jesus Christ in His ministry among men has not abated. It abides in all its wondrous power today, this moment, and we can call it into immediate quickening activity through our faith.

Since Jesus Christ is forever the same, He is still doing the works of God as He did when He dwelt among men. He is still ministering to those who have need of a physician, to those who are not showing forth the divine perfection that is their spiritual heritage.

Let Jesus Christ, the Great Healer, now pour into you His mighty healing Spirit, which will cleanse, restore, and make whole every untoward condition of mind, body, and affairs. Call upon Him in faith, believing, affirming your conviction that He can make you whole and well. Behold, even now His restoring power is manifest in you!

✿ *Jesus Christ is the same yesterday and to-day, yea and for ever.*—HEB. 13:8.

OCTOBER 23

Wednesday

I TURN TO GOD FOR WISDOM AND DIRECTION,
AND HE GUIDES AND COUNSELS ME IN MY
HUMAN RELATIONS.

IN CHILD training, an understanding and application of the principles of Truth are an invaluable help. Children are very receptive, for their minds are free from the limiting beliefs that years of negative thinking have sometimes imposed on adults. A child, even a very young one, responds to love and faith.

If you have been intrusted with the care and training of a child or a group of children, know that you have access to the infinite wisdom, love, understanding, and patience of God. Turn to Him for guidance in helping the young minds and hearts to grow and unfold in accordance with Truth. Rely on His counsel to direct you in showing them how to live a happy, well-adjusted life. Your trust in God will keep you calm and harmonious, and the children will react to your consciousness of peace and faith and harmony. The qualities of God you express will bring out all that is good and true in the little ones.

♣ *Even a child maketh himself known by his doings.*
—PROV. 20:11.

Thursday

OCTOBER 24

TODAY I LIVE, GIVE, AND RECEIVE GOD'S
ABUNDANT GOOD.

GOD IS everywhere equally present, an inexhaustible resource of good, available to us at all times. As we learn to recognize the divine presence and power in our own life and in all situations, we learn to accept good as our heritage, we learn to acknowledge God as the motivating intelligence in all our thought and activity.

According to the degree of our faith in God's availability, we become channels for the free expression of His good. As we live in the awareness of His love, as we breathe in His life, and accept the wealth of His unlimited good, we share this good with others. Jesus said, "Whatsoever ye would that men should do unto you, even so do ye also unto them." The Golden Rule is still the most practical formula for happiness.

Today let us live according to our quickened understanding of our oneness with God. Let us share generously the good we enjoy. Let us have faith that our heart's desires shall come to us on the wings of divine love.

✿ *What I have, that give I thee.*—ACTS 3:6.

OCTOBER 25

Friday

I BEHOLD MYSELF AS A SPIRITUAL BEING,
WORTHY OF LOVE AND APPROVAL.

THERE IS something in every heart that yearns for love and approval, but some hearts never find satisfaction of this yearning, for they feel that love and approval must come from other persons. Actually the true satisfaction of this yearning comes from within one's own self. To be really satisfied we must first love and approve of ourselves. It is when we do not love and approve of ourselves that we become oversensitive and easily hurt.

Naturally we do not love ourselves when we think of ourselves as inferior or inadequate. In our learning and growing we may not always measure up to the highest ideals of our mind and heart, but if we can remember that we are made in the image and likeness of God and endowed with divine potentialities we shall not give way to feelings of discouragement and self-condemnation. Even when we feel that humanly we fall far short of perfection, we can love and appreciate the spiritual nature in us, the Christ self of us, we can feel divinely approved of.

• *We are children of God.*—ROM. 8:16.

I AM FREE WITH THE FREEDOM OF SPIRIT.

WE ARE free with the freedom of Spirit when we know that we are spiritual beings.

On human levels we feel limited in many ways. Our greatest feeling of limitation rises from within us, from our feeling of inadequacy, from our belief that we do not have the ability to accomplish our desires. Because we feel bound and inhibited mentally and emotionally, we often interpret the actions of other persons toward us as a limitation upon our freedom of expression, we see our environment and place in life as responsible for our failure to progress.

The freedom we long for lies within our power to attain, but our release from bondage begins within us rather than in some change in outer conditions or circumstances. We begin to set ourselves free when we begin to think from a spiritual standpoint about ourselves and our life. An affirmation like "I am free with the freedom of Spirit" helps us lift our thinking to a new level of Truth.

✿ *For freedom did Christ set us free.—GAL. 5:1.*

OCTOBER 27

Sunday

I HAVE FAITH IN THE POWER OF GOD.

“**N**OW faith is assurance of *things* hoped for, a conviction of things not seen. . . . By faith we understand that the worlds have been framed by the word of God, so that which is seen hath not been made out of things which appear. . . . without faith it is impossible to be well-pleasing *unto him*; for he that cometh to God must believe that he is, and *that* he is a rewarder of them that seek after him. . . . By faith Abraham, when he was called, obeyed to go out unto a place which he was to receive for an inheritance; and he went out, not knowing whither he went. By faith he became a sojourner in the land of promise . . . for he looked for the city which hath the foundations, whose builder and maker is God.”

“Therefore let us also . . . lay aside every weight . . . and let us run with patience the race that is set before us, looking unto Jesus the author and perfecter of *our* faith.”

✿ *Now the God of peace . . . even our Lord Jesus, make you perfect in every good thing to do his will, working in us that which is well-pleasing in his sight.*
—HEB. 13:20, 21.

Monday

OCTOBER 28

I AM LIFE. I AM LOVE. I AM POWER. I AM SPIRIT.

THERE IS something in you that speaks to you in the silence of your soul, saying: "I am life. I am love. I am power. I am Spirit."

I am life. I flow endlessly, I heal completely, I renew continually. I recognize only perfection; I know no time nor space. With me all things are possible.

I am love. I am one with all creation; I am creation itself. I am the harmony that human beings seek; I am the peace they would possess. I am the unifying force of the universe. I am the meaning and purpose of life.

I am power. I am the creative force that impels men forward; I am the energy of the universe; I am the source of the seen and the unseen. I am the builder, and my work is perfect.

I am Spirit. I am that in you which knows your God, which sings songs of praise to your source, your Creator. I am that in you which has always been, which always shall be. I am that in you which is pure and perfect, which knows no limitations, which is unchanging throughout all eternity.

♣ I AM THAT I AM.—EXOD. 3:14.

OCTOBER 29

Tuesday

GOD HAS GIVEN ME A WILLING, TEACHABLE SPIRIT. I LEARN AND GROW THROUGH EVERY EXPERIENCE.

IN TRUTH there are really no failures. Every experience, even that of seeming failure, can teach the soul a lesson, and to learn is the purpose of life.

In the life of many a successful person, success often came after he had met with bitter failure. The successful person refused to be defeated by failure. He had the will and the courage to rise up again and build a new and better life from the lessons he learned from his experiences.

Even what we call failure has in it the possibilities of resurrection. Wherever there is letting go of the old, whether through choice or through the force of circumstances, the way is opened for something new and better to take its place.

Always we may know that even in a time of apparent failure there is something good to be gained, some new truth to be learned.

☛ *The ships . . . though they are so great and are driven by rough winds, are yet turned about by a very small rudder.—JAMES 3:4.*

Wednesday

OCTOBER 30

I AM ONE WITH GOD, AND MY MIND AND BODY EXPRESS HIS LIFE, HIS LOVE, AND HIS PEACE.

THERE IS much being written and taught about the effect of the emotions upon the health of the body. It is not very difficult to perceive the effect of such emotions as anger, jealousy, revenge, and fear upon a person's physical well-being. Probably everyone can cite some particular instance in his own experience when his confused emotional state was the direct cause of an upset physical state.

If we are subject to negative emotional reactions, it is necessary to re-educate our emotions. How do we do this? Through prayer and practice. Through prayer we learn what is true and constructive, we learn that we are one with God and that He loves us and sustains us.

We put the Truth into practice by keeping our thoughts and words constructive, by meeting negative emotions if they arise in us with positive ideas.

*Keep thy heart with all diligence;
For out of it are the issues of life.*
—PROV. 4:23.

Thursday

I ACKNOWLEDGE THAT GOD'S LAW OF JUSTICE IS AT WORK IN MY AFFAIRS AND IN THE AFFAIRS OF THE WORLD.

SOMETIMES we are inclined to think of ourselves as victims of circumstances beyond our control. We accept the belief that others, either individuals or a group such as the government, have the power to deal unjustly with us. This is not really true, for God's law of justice is above every man-made law, and when we put our life under His law, nothing can keep our own from us. Though appearances may seem to belie this for a time, back of appearances God's law works steadily and unfailingly to bring to us that which is truly ours.

If you have felt that you have been unjustly treated, that some person or group of persons has unfairly kept your good from you, reverse your thought and acknowledge that God's law of justice is active in your life and affairs. Look away from seeming injustice and steadfastly affirm that your own comes to you. As you are faithful in doing this divine justice will become manifest in every detail of your life.

✱ *For Jehovah is a God of justice.—ISA. 30:18.*

Unity Asks Your Help!

During the busy Christmas season 239,000 subscriptions for various Unity periodicals will expire! And this at a time when our office is already stacked high with great piles of Christmas orders!

Will you help us? Will you send in your advance renewal order now, *if your subscription expires at any time in the next few months*, so that we can handle it before the rush season? Your renewing now will be appreciated by every Unity worker. In addition, it will enable us to make some other person very happy on Christmas morning with a Truth-filled Unity publication.

Thank you!

Announcement

You can now receive Unity Training School credit for classwork in LESSON IN TRUTH beginning around October 1 in your own Unity center. Students who completed *Lessons in Truth* last year and obtained credit may enroll in an advanced class this year; namely, *Christian Healing*, Charles Fillmore's book of first principles upon which the Unity teaching is founded. For complete information consult the leader of the Unity center in your city.

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"Let Us Reason Together"—about Prosperity

"Come . . . let us reason together, saith Jehovah." When we reason with God, we reason with a knowledge of His Truth. Then we recognize our good in spite of any appearance, for our reasoning is based on our faith that God is working with us and that He wants us to enjoy the fulfillment of all our needs and desires. When we reason with God we see that His abundance is ready and waiting to be claimed as prosperity and increase of good in all our affairs.

If you want to learn how to have more prosperity in your affairs, you will find the Unity Prosperity Bank drill of great help to you, because it keeps before you the truth that God's blessings are ready and waiting for you. The prayer drill helps you to recognize and affirm your good. Part of the drill is the placing of a coin in the Bank each day. The amount saved can be used to pay for DAILY WORD subscriptions for your friends.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

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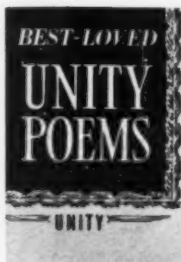
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The Salutation of the Dawn

Look to this day!

For it is life, the very life of life.

In its brief course lie all the verities
and realities of your existence:

The bliss of growth,

The glory of action,

The splendor of beauty.

For yesterday is but a dream,

And tomorrow is only a vision;

But today well lived makes every
yesterday a dream of happiness

And every tomorrow a vision of hope.

Look well therefore to this day!

—*From the Sanskrit.*

